SANGAM

Menu Allergen Information

We make every effort to avoid cross-contamination but sadly cannot guarantee dishes and drinks are allergen-free.

Last updated: 07/10/25

ITEM NAME	INGREDIENTS CONTAIN	MAY CONTAIN
Poppadoms		
Poppadoms	----	Peanuts / Sesame / Soybeans
Mint Chutney	Dairy	Peanuts / Sesame / Soybeans
Mango Chutney	----	Peanuts / Sesame / Soybeans
Onion Chutney	----	Peanuts / Sesame / Soybeans
Lime Pickle	Mustard	Peanuts / Sesame / Soybeans
Meat - Starters		
Chicken Tikka	Dairy	Peanuts / Sesame / Soybeans
Joshila Tikka	Dairy / Mustard	Peanuts / Sesame / Soybeans
Chicken Chaat Puri	Gluten	Peanuts / Sesame / Soybeans
Lamb Chops Tikka	Dairy / Mustard	Peanuts / Sesame / Soybeans
Lamb Tikka	Dairy / Mustard	Peanuts / Sesame / Soybeans
Lamb Sheekh Kebab	----	Peanuts / Sesame / Soybeans
Chicken Sheekh Kebab	----	
Meat Samosa	Gluten	Peanuts / Sesame / Soybeans
Mixed Platter	Dairy / Mustard / Fish	Peanuts / Sesame / Soybeans

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ITEM NAME	INGREDIENTS CONTAIN	MAY CONTAIN
Vegetarian - Starters		
Kashmiri Paneer Tikka	Dairy / Vegetarian	Peanuts / Sesame / Soybeans
Beetroot Tikki	Gluten	Peanuts / Sesame / Soybeans
Gobi Manchurian	Gluten / Vegan	Peanuts / Sesame / Soybeans
Vegetable Samosa	Gluten / Vegan	Peanuts / Sesame / Soybeans
Vegetable Dumplings	Gluten	Peanuts / Sesame / Soybeans
Onion Bhaji	Vegan	Peanuts / Sesame / Soybeans
Vegetable Platter	Gluten / Dairy / Vegetarian	Peanuts / Sesame / Soybeans
Seafood - Starters		
King Prawn Tikka	Dairy / Molluscs	Peanuts / Sesame / Soybeans
Dynamite Prawn	Egg / Molluscs	Peanuts / Sesame / Soybeans
Prawn Dumplings	Gluten	Peanuts / Sesame / Soybeans
Fish Amritsri	Fish / Egg	Peanuts / Sesame / Soybeans
Grilled Scallops	Molluscs	Peanuts / Sesame / Soybeans
Tandoori Salmon	Dairy / Fish	Peanuts / Sesame / Soybeans
Fish Tikka	Dairy / Mustard / Fish	Peanuts / Sesame / Soybeans
Seafood Platter	Dairy / Mustard / Molluscs / Fish	Peanuts / Sesame / Soybeans
Street Food		
Samosa Chaat	Dairy / Gluten / Vegetarian	Peanuts / Sesame / Soybeans
Bhel Puri	Dairy / Nuts / Gluten / Vegetarian	Peanuts / Sesame / Soybeans
Pani Puri	Gluten / Vegan	Peanuts / Sesame / Soybeans
Kur Kuri Bhindi	Vegan	Peanuts / Sesame / Soybeans
Papri Chaat	Dairy / Gluten / Vegetarian	Peanuts / Sesame / Soybeans
Hari Pattha Chaat	Dairy / Vegetarian	Peanuts / Sesame / Soybeans
Chilli Paneer	Dairy / Gluten / Soya / Vegetarian	Peanuts / Sesame / Soybeans
Street Food Platter	Dairy / Gluten / Vegetarian	Peanuts / Sesame / Soybeans

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ITEM NAME	INGREDIENTS CONTAIN	MAY CONTAIN
Global Dishes		
Tawa Sea Bass	Fish	Peanuts / Sesame / Soybeans
Middle Eastern Sultan Platter	Dairy / Mustard / Fish	Peanuts / Sesame / Soybeans
Grilled Chicken Supreme	Dairy	Peanuts / Sesame / Soybeans
Chicken Manchurian & Noodles	Gluten / Soya	Peanuts / Sesame / Soybeans
Biryani - Main Course		
Samundra Biriyani	Dairy / Molluscs	Peanuts / Sesame / Soybeans
Hyderabadi Biriyani	Dairy	Peanuts / Sesame / Soybeans
Nurjahani Biriyani	Dairy	Peanuts / Sesame / Soybeans
Subz Biriyani	Dairy / Vegetarian	Peanuts / Sesame / Soybeans
Jackfruit Biriyani	Dairy / Vegetarian	
Lamb - Main Course		
Sangam Special Lamb	Dairy / Nut	Peanuts / Sesame / Soybeans
Lamb Shank	Dairy	Peanuts / Sesame / Soybeans
Hari Mirch Ka Keema	----	Peanuts / Sesame / Soybeans
Palak Gosht	----	Peanuts / Sesame / Soybeans
Lamb Rezala	Dairy	Peanuts / Sesame / Soybeans
Lal Maas	----	Peanuts / Sesame / Soybeans
Lamb Jalfreizi	----	Peanuts / Sesame / Soybeans
Lamb Jalali	----	Peanuts / Sesame / Soybeans
Lamb Pumpkin	Dairy / Mustard	Peanuts / Sesame / Soybeans
Handi and Karahi Dishes		
Chicken Handi	----	Peanuts / Sesame / Soybeans
Lamb Handi	----	Peanuts / Sesame / Soybeans
Karahi Chicken	----	Peanuts / Sesame / Soybeans
Karahi Lamb	----	Peanuts / Sesame / Soybeans
Karahi King Prawn	Molluscs	Peanuts / Sesame / Soybeans

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ITEM NAME	INGREDIENTS CONTAIN	MAY CONTAIN
Old School Favourites		
Korma	Dairy / Nut	Peanuts / Sesame / Soybeans
Madras	----	Peanuts / Sesame / Soybeans
Bhuna	----	Peanuts / Sesame / Soybeans
Balti	----	Peanuts / Sesame / Soybeans
Dansak	Dairy	Peanuts / Sesame / Soybeans
Do Piaza	----	Peanuts / Sesame / Soybeans
Vindaloo	----	Peanuts / Sesame / Soybeans
Rogan Josh	----	Peanuts / Sesame / Soybeans
Vegetable - Main Course		
Achari Bhindi	Mustard / Vegan	Peanuts / Sesame / Soybeans
Channa Masala	Vegan	Peanuts / Sesame / Soybeans
Aloo Gobi Adraki	Vegan	Peanuts / Sesame / Soybeans
Aubergine Bhaji	Vegan	Peanuts / Sesame / Soybeans
Dal Tarka	Vegan	Peanuts / Sesame / Soybeans
Dal Makhani	Dairy / Vegetarian	Peanuts / Sesame / Soybeans
Malai Kofta	Dairy / Nut / Vegetarian	Peanuts / Sesame / Soybeans
Paneer Lababdar	Dairy / Vegetarian	Peanuts / Sesame / Soybeans
Bombay Aloo	Mustard / Vegan	Peanuts / Sesame / Soybeans
Mushroom Matar Curry	Vegan	Peanuts / Sesame / Soybeans
Saag Paneer	Dairy / Vegetarian	Peanuts / Sesame / Soybeans
Kadai Paneer	Dairy / Vegetarian	Peanuts / Sesame / Soybeans
Subzi Milani	Mustard / Vegan	Peanuts / Sesame / Soybeans
Chicken - Main Course		
Butter Chicken	Dairy / Nut	Peanuts / Sesame / Soybeans
Chicken Tikka Masala	Dairy / Nut	Peanuts / Sesame / Soybeans
Murgh Tikka Lababdar	Dairy	Peanuts / Sesame / Soybeans
Chicken Spinach Dilruba	----	Peanuts / Sesame / Soybeans
Chicken Rezala	Dairy	Peanuts / Sesame / Soybeans
Chicken Jalali	----	Peanuts / Sesame / Soybeans
Chicken Jalfreizi	----	Peanuts / Sesame / Soybeans

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ITEM NAME	INGREDIENTS CONTAIN	MAY CONTAIN
Chicken Dhaba	----	Peanuts / Sesame / Soybeans
Grandma's Chicken Curry	----	Peanuts / Sesame / Soybeans
Tandoori - Main Course		
Chicken Tikka	Dairy	Peanuts / Sesame / Soybeans
Tandoori Baby Chicken	Dairy	Peanuts / Sesame / Soybeans
Lamb Chops Tikka	Dairy / Mustard	Peanuts / Sesame / Soybeans
Tandoori Salmon	Dairy / Fish	Peanuts / Sesame / Soybeans
Mixed Grill	Dairy / Mustard	Peanuts / Sesame / Soybeans
Seafood - Main Course		
Jhinga Saag	Molluscs	Peanuts / Sesame / Soybeans
Malabar Chemeen Curry	Dairy / Mustard / Molluscs	Peanuts / Sesame / Soybeans
Fish Anarkali	Fish / Mustard	Peanuts / Sesame / Soybeans
Seabass Moilee	Fish / Mustard / Dairy	Peanuts / Sesame / Soybeans
Venison - Main Course		
Sangam Styled Venison	Dairy / Nut	Peanuts / Sesame / Soybeans
Garlic Chilli Venison	----	Peanuts / Sesame / Soybeans
Duck - Main Course		
Duck Malai Curry	Dairy / Nut	Peanuts / Sesame / Soybeans
Duck Jalali	----	Peanuts / Sesame / Soybeans
Sundries		
Boiled Rice	----	Peanuts / Sesame / Soybeans
Pulao Rice	Dairy	Peanuts / Sesame / Soybeans
Mushroom Rice	Dairy / Mustard	Peanuts / Sesame / Soybeans
Keema Rice	Dairy	Peanuts / Sesame / Soybeans

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ITEM NAME	INGREDIENTS CONTAIN	MAY CONTAIN
Breads		
Plain Naan	Dairy / Gluten / Egg	Peanuts / Sesame / Soybeans
Garlic Naan	Dairy / Gluten / Egg	Peanuts / Sesame / Soybeans
Cheese Naan	Dairy / Gluten / Egg	Peanuts / Sesame / Soybeans
Tandoori Roti	Gluten	Peanuts / Sesame / Soybeans
Tandoori Lacha Paratha	Dairy / Gluten	Peanuts / Sesame / Soybeans
Peshwari Naan	Dairy / Gluten / Nut / Egg	Peanuts / Sesame / Soybeans
Keema Naan	Dairy / Gluten / Egg	Peanuts / Sesame / Soybeans
Raita	Dairy	Peanuts / Sesame / Soybeans
Children's Menu		
Roast Chicken	Dairy	Peanuts / Sesame / Soybeans
Fish Fingers	Fish / Gluten / Egg	Peanuts / Sesame / Soybeans
Chicken Nuggets	Gluten / Egg	Peanuts / Sesame / Soybeans
Chips	----	Peanuts / Sesame / Soybeans
Desserts		
Gulab Jamun	Gluten / Nuts / Lupin	Peanuts / Sesame / Soybeans
Rasmalai	Nuts / Lupin	Peanuts / Sesame / Soybeans
Jalebi Ice-Cream Sandwich	Gluten / Dairy / Nuts / Lupin	Peanuts / Sesame / Soybeans
Basmati Kheer	Dairy / Nuts / Lupin	Peanuts / Sesame / Soybeans
Mango Kulfi	Lupin	Peanuts / Sesame / Soybeans
Pistachio Kulfi	Nuts / Lupin	Peanuts / Sesame / Soybeans
Almond Kulfi	Nuts / Lupin	Peanuts / Sesame / Soybeans
Gajar Halwa	Nuts / Lupin	Peanuts / Sesame / Soybeans
Chocolate Fudge Cake	Gluten / Eggs / Lupin	Peanuts / Sesame / Soybeans
Cheshire Ice Cream	Milk / Lupin	Peanuts / Sesame / Soybeans

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Breakfast Menu Allergen Information

Please refer to the allergen information below when ordering.

ITEM NAME	INGREDIENTS CONTAIN	MAY CONTAIN
Dry Ups		
Keema & Kouliz	Gluten / Egg / Dairy	Peanuts / Sesame / Soybeans
Bengal Omelette	Gluten / Egg / Dairy	Peanuts / Sesame / Soybeans
Scrambled Dim	Gluten / Egg / Dairy	Peanuts / Sesame / Soybeans
Channa Puri Halwa	Gluten / Dairy	Peanuts / Sesame / Soybeans
Builder's Breakfast	Gluten / Egg / Dairy	Peanuts / Sesame / Soybeans
Pancakes & Dipping Chai		
Bombay Pancakes	Gluten / Egg / Dairy	Peanuts / Sesame / Soybeans
Bakar Khanh & Dipping Chai	Gluten / Egg / Dairy	Peanuts / Sesame / Soybeans
Naan Rolls		
Bacon Naan Roll	Gluten / Egg / Dairy	Peanuts / Sesame / Soybeans
Sausage Naan Roll	Gluten / Egg / Dairy	Peanuts / Sesame / Soybeans
Vegetarian Sausage Naan Roll	Gluten / Egg / Dairy	Peanuts / Sesame / Soybeans
Egg Naan Roll	Gluten / Egg / Dairy	Peanuts / Sesame / Soybeans
Sausage & Egg Roll	Gluten / Egg / Dairy	Peanuts / Sesame / Soybeans
Bacon & Egg Roll	Gluten / Egg / Dairy	Peanuts / Sesame / Soybeans
Builder's Naan Roll	Gluten / Egg / Dairy	
Sides		
Masala Beans	----	Peanuts / Sesame / Soybeans
Grilled Tomatoes	----	Peanuts / Sesame / Soybeans
Two Sausages	----	Peanuts / Sesame / Soybeans
Two Vegetarian Sausages	----	Peanuts / Sesame / Soybeans
Four Rashers of Bacon	----	Peanuts / Sesame / Soybeans
Buttered Toast and Jam	Egg / Dairy	Peanuts / Sesame / Soybeans